



ACCIDENT/INCIDENT GUIDELINES

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries?
- Listen to what the injured person is saying
- Alert the first aider, who should take appropriate action for minor injuries
- In the event of an injury requiring specialist treatment, call the emergency services
- Deal with the rest of the group and ensure that they are adequately supervised
- Do not move someone with major injuries. Wait for the emergency medics
- In the case of a junior contact the injured person's parent/carer
- Complete an incident/accident report form and send this immediately to British Orienteering. There is a British Orienteering incident/accident report form which is available to be downloaded from the British Orienteering website.

These guidelines were adopted by Mole Valley Orienteering Club Committee and are effective from 4 October 2007.