



Mole Valley Orienteering Club

FROLICS

Nonsuch Park

Sunday 22 July 2007

The final event of the 2007 Frolics series will be held at Nonsuch Park – offering a fast and furious finish to this year's competition. This is a change from the original venue at Epsom and Ashted Commons

Finding Nonsuch Park – Via Cheam Gate off Ewell Road (A232) in Cheam. GR 238635 (OS sheet 187). Cheam railway station c800m.

Terrain – Open parkland around site of former royal palace. Some small areas of woodland.

Courses – Frolics course (light green) plus optional extension. Orange course. You must run the Frolics course first to be competitive for your club.

Registration - Open from 9.30am. Starts 10am – noon. Courses close 1.30pm

Fees - Adults £4.00, Juniors £2.00. £1.00 for SI card hire.

Map – 1:10,000. Updated 2003.

Dogs – Welcome if kept under control.

Results will be on the Mole Valley web site (www.mvoc.org). This event is planned by Graham Sutton (MV)

COMPETITORS PARTICIPATE IN THIS EVENT AT THEIR OWN RISK AND MUST REPORT TO DOWNLOAD WHETHER OR NOT THEY COMPLETE THEIR COURSE