



## Mole Valley Orienteering Club

[www.mvoc.org](http://www.mvoc.org)

### Nut Wood and Gatton Park South East Middle Distance Championships Sunday 21<sup>st</sup> August 2011

**Mole Valley Orienteering Club invites you to the South East Middle Distance Championships at Nut Wood and Gatton Park. A level C national ranking event**

- Car Park/ Assembly** The car park and assembly will be at St. Bedes School, Carlton Road, Redhill, RH1 2LQ; grid ref. TQ274517. Hard standing car park. Car parking fee - £1. Signposted from the A23(grid ref TQ280513) and the A242 (grid ref.TQ267514)  
Nearest public transport: Redhill bus and railway stations – 1.5km  
Toilets available in St. Bedes school
- Terrain:** A mixture of fields and parkland with lakes, school buildings and National Trust woodland with significant contour detail on the North Downs.
- Entries:** Online entries preferred at [www.fabian4.co.uk](http://www.fabian4.co.uk) or by post to Keith Masson, 1 The Street, Betchworth, Surrey, RH3 7DL using standard entry form (cheques payable to *Mole Valley Orienteering Club*)
- Fees:** Until end of 14/08/2011: Seniors £9.00; Juniors and full time students £3.00  
From 15/08/2011 & EOD: Seniors £11.00; Juniors/students £3.00  
Discount for BOF and SEOA members (seniors only) - £2.00  
Electronic punching (SI) will be used: 'dibber' hire fee £1.00. If lost - £30.00 charge  
(Entry after 15/08/11 subject to map availability)
- Map:** A new map produced by Bill Alexander and Mike Elliot during 2010/2011. Scale 1:7500
- Courses:**
- |                     |                                     |                                |
|---------------------|-------------------------------------|--------------------------------|
| <b>Black:</b>       |                                     | <b>M18, M20, M21, M35, M40</b> |
| <b>Brown:</b>       | <b>W18, W20, W21, W35, W40</b>      | <b>M16, M45, M50</b>           |
| <b>Blue:</b>        | <b>W16, W45, W50</b>                | <b>M55, M60</b>                |
| <b>Green:</b>       | <b>W55, W60, W65, W70, W75, W80</b> | <b>M65, M70, M75, M80</b>      |
| <b>Light Green:</b> | <b>W14</b>                          | <b>M14</b>                     |
| <b>Orange:</b>      | <b>W12</b>                          | <b>M12</b>                     |
| <b>Yellow:</b>      | <b>W10</b>                          | <b>M10</b>                     |
- Sorry – No white or string course**
- Starts/ Finish** A punching start will operate between 10.30 and 12.30 with start blocks. The start and finish will be approx. 1km away. All walks involve crossing the A242 (40mph speed limit) **Please take care.** We will have marshals in attendance for crossings involving junior courses. Courses will close at 2.00.
- Safety:** The nearest hospital with an A and E department is East Surrey Hospital, Canada Avenue, Redhill, Surrey, RH1 5RH Tel: 01737 768511
- Dogs:** Dogs are not allowed either in the car park or on the area.
- Organiser:** Keith Masson; email: [massons@talktalk.net](mailto:massons@talktalk.net); tel. 01737 842759
- Planner:** Ian Ditchfield
- Controller:** Mike Murray(SLOW)

**You are responsible for your own safety and you take part in this event at your own risk**