



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

ST LEONARD'S FOREST SOUTH EAST NIGHT CHAMPIONSHIPS

Saturday 26 November 2011

Get into the night orienteering groove a week before the Southern Night Championships with the South East Night Championships in St Leonard's Forest

Parking: Forest tracks behind St Johns Church, 250m east of Horsham Rugby Club, RH13 6PJ. Grid reference TQ201298. Approach from the north via Harwood Road B2195 to St Leonard's Road, signed from roundabout at TQ189313, or from the south via Brighton Road A281 signed from grid reference TQ182300. The entrance to the car parking is through a single width gate. Please park as directed by the marshals. Parking charge £1 per car. The nearest railway station is Horsham, c3km away. No toilets.

Registration: In the car park. Entry on the night only. Registration is between 16.30 and 17.30. Seniors £7. Under 18s and full time students £3. There is a £2 discount for senior National British Orienteering and SEOA members (your membership card may be requested). SI electronic punching will be used. SI dibbers available for hire from registration for £1.

Map: 1:10000 scale, overprinted and waterproof. Control descriptions will be on the map. Loose control descriptions will be available at Registration.

Courses (with approximate distances):

Championship courses

Chocolate M20-40, M45/50: 5.5-6.0km
Navy M18, M55/60, W20-40, W45/50: 4.0-4.5km
Olive M16, M65+, W16, W18, W55/60, W65+: 3.0km

Beginner/novice course

Ochre (night yellow): 2.0km

Starts: Starts between 17.00 and 18.00. Courses close at 19.30. Start and Finish are around 500m from Registration. Please take great care along and crossing the road to the Start and from the Finish. There is no official clothing dump though the Start and Finish are near each other.

Safety: The nearest urgent treatment centre is Crawley Hospital, West Green Drive, Crawley, West Sussex RH11 7DH around 12km away. Tel 01293 600300.

Dogs: Dogs are allowed but must be kept under close control.

Event Officials:

Organiser: Tony Burton / Mike Elliot (on the night)

Planner: Mark Feltham

Controller: Vince Joyce (SO)

General information: info@mvoc.org

Acknowledgments: Thanks to the Forestry Commission for permission to use St Leonard's Forest for this event

Last minute changes: Please visit the MV Web site before travelling to check for last minute changes or new information about this event. www.mvoc.org

Results: Will be available at the MV Web site as soon as possible after the event. www.mvoc.org

You are responsible for your own safety and you take part in this event at your own risk