



Mole Valley Orienteering Club
(affiliated to British Orienteering)
www.mvoc.org

**MORDEN HALL PARK
PARK RACE**
Thursday July 19 2012

MVOC welcomes you to its 2012 Park Race. For more information on the series visit
<http://parkrace.org/>

Event centre: [Morden Hall Park](#), Morden Hall Road, London, SM4 5JD.

Travel: Morden Hall Park is very accessible by public transport. By tram 10 minutes from Wimbledon, 15 to 20 minutes from East Croydon, alight at Phipps Bridge stop directly bordering the park. By tube 500m walk from Morden station (Northern Line). Many busses stop nearby. Details including bus and tram timetables from [Transport for London](#). You must enter the Park via Phipps Bridge Tram stop or the gate at Morden Hall Road opposite Aberconway Road (B286). See [Google Map](#). Parking in the surrounding streets is very limited. The National Trust car park will be closed.

Registration, changing, toilets: The National Trust is kindly providing out of hours facilities for this event. Make your way to the **Snuff Mill** for registration, toilets and indoor changing – signed within the park. Please DO NOT stray from the main track. Doing so may mean you accidentally discover controls, and we wouldn't want that, would we?

Entry fee: £3 seniors (over 21), £1 juniors. Dibber hire £1.

Map: Mapped by Mike Elliot 2010 with updates July 2012. 1:4000. Printed A4 on waterproof paper. The map uses ISSOM symbols – Do not cross “uncrossable” features even if you think you can.

Terrain & clothing advice: Morden Hall Park is flat, fast parkland. Shorts may be worn but you are likely to encounter brambles, long grass and/or stinging nettles on the best routes between some controls.

Courses: Long A/B 5km(with butterfly) Short 3.1 Km. Control descriptions on the back of the map and loose at start.

Starts: 18:30 – 19:30

Refreshments: The National Trust is opening its café in the newly renovated Stable Block specifically for us. A range of light refreshments will be on offer. No alcohol. Please take advantage after your run, and amuse yourself as later runners come past you. Anyone wanting a full meal may want to go to the [George Inn Harvester restaurant](#) Epsom Road, Morden, SM4 5PH, about 1200 metres south on the West side of the A24.

Event Officials & info: Organiser: Sandra Vogel, Planner: Mike Elliot, General information: info@mvoc.org
Please visit www.mvoc.org before travelling to check for last minute changes or new information about this event. It is also the place to go for results.

Thanks to: Staff at [Morden Hall Park](#)

You are responsible for your own safety and you take part in this event at your own risk