



## Mole Valley Orienteering Club

**Nonsuch Park  
Evening Event  
Tuesday 11th August 2015**



**Registration and social after run:** Ye Old Red Lion pub, 17 Park Road, Cheam, SM3 8QB <http://www.yeolderedlioncheam.co.uk/> the pub serves great beer and food.

**Getting there:** The pub is a 5 minute walk from Cheam railway station. There is a large public car park opposite the pub in Park Road by Cheam Library and parking is free after 18.30.

**Terrain:** A mixture of open park and forest with extensive network of paths. Leg cover advised –you may encounter nettles & long grass.

**Courses:** Short: c.3km, Long: c.5km.

**Entry:** Entry on the day. However, to ensure we print enough maps, please register your interest and reserve a map of your chosen course, long or short. To do this please email the organiser/planner at [justin\\_farhall@hotmail.com](mailto:justin_farhall@hotmail.com) Entry fees are £2 to senior BOF members, £1 to juniors or £3 to non-BOF seniors or free if your are a MVOC member or 'supporter'. Electronic timing will be used, If you do not have your own SI card, then you can hire one for £1.

**Starts:** The start is located 3 minute walk from the pub. Starts from 18.15 to 19.15. Courses close at 20.15.

**Event Officials:** Organised and planned by Justin Farhall.

**Results:** Splits will be provided and results posted at [www.mvoc.org](http://www.mvoc.org)

*You are responsible for your own safety and you take part in this event at your own risk. British Orienteering 3rd Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.*