



Mole Valley Orienteering Club

(affiliated to British Orienteering)

invites you to

Beddington Park

Greater London Orienteering Summer Series

Sunday 22 July 2018

The GLOSS is an annual handicap competition between South East Orienteering Clubs in which all club members run the same course and the handicapping system means that it is very unlikely that the fastest runner will win!

You will also enjoy this event if you are new to orienteering. Please come along and try a course designed for newcomers with help on hand to show you the ropes.

Parking: There are limited spaces adjacent to the Pavillion Café and we encourage competitors to use the carpark behind the cottages on [Church Road](#). Otherwise there is parking on Church Road, and two other car parks, one off Croydon Road and another off London Road. All parking is shared with the public, so please be considerate when parking. Hackbridge Station is 1 km away on foot and buses for the park stop on both Croydon and London Roads.

Registration and entry fees: Entry on the day only. Open from 9.30am to noon in [the Pavillion](#). Seniors £4, Families and Juniors £2. SI electronic punching will be used and dibbers for this will be available for hire from registration for £1 (lost dibbers £30)

Courses:

Light Green GLOSS course c3.5km with optional extension c2.5km - for experienced orienteers

Yellow course for beginners c2km

Starts: 10.00 to 12.00. Courses close at 13.30. Start and Finish are close to registration

Courtesy to others: Beddington Park is popular and well used by local residents. Please show them kind consideration

Event Officials: Organisers: Daniel and Lisa Sullivan
Planner: Daniel Sullivan
General information: info@mvoc.org

Results: Will be available at the MV website as soon as possible after the event
www.mvoc.org Details of the GLOSS series can be found here
<http://londonorienteering.co.uk/events/gloss-series-2018/>

Map: 1:5,000 with 2.5 metre contours and drawn to ISSOM specifications in 2018. The area was last used in 2009.

You are responsible for your own safety and you take part in this event at your own risk. British Orienteering 3rd Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.