Event: MVOC extends a warm welcome to all Cup and Trophy finalists! This is a closed event for those clubs who have qualified for the finals. All event facilities including car parking and the courses will be within the Pippingford Park Manor Estate, Nutley, Uckfield TN22 3HW entered from the A22 East Grinstead to Eastbourne road at GR TQ 437302. Beware: Some satnavs try to use the wrong gate – follow signage!

Parking: There will be ample gently sloping parking for cars all with downhill exit in two fields adjacent to the Assembly. A site plan is included in these details. Please note the route for cars from the entrance to the estate (first right then first left) to the parking fields which will be used in numerical order. On arrival at the fields you will be directed by officials.

There is hardstanding for minibuses or campervans – if you need this please follow the estate roads to the point marked T on the site plan.

If you are bringing a coach please advise the organiser in advance (we are aware of three at the time of writing). These will be parked at various locations near the entrance to the estate. Follow the directions for cars until you see an official who will assist you. After disembarking head NE from the marked coach parking point to pick up the track to the Assembly field.

Take care when exiting the site – the A22 is a fast road!
Registration: There is no registration on the day. Any changes to details may be brought by club captains to Enquiries preferably by 10.00 am please. Any competitor who has hired a SI or SIAC dibber should collect it from Enquiries.

Map: Surveyed and drawn with OCAD12 to ISOM2017 specifications June to October 2019 by Mike Elliot. Based on previous maps by Peel Land Surveys (JK2017), Mike Elliot (2014, for BNC2014) and Roger Maher and Mike Elliot (Pippingford and Windy Ridge 2009). Previous maps may be found on Routegadget at JK Relays 2017, BNC 2014 and Pippintford and Windy Ridge 2009.

The Map scale is 1:10,000 with 5 metre contours, the North lines are 300 metres apart and it is printed on waterproof material. The map is slightly small than A3 (approx. 371mm x 283mm). There is no legend on the map. There are designated spaces on the map for pin punches should a SI unit fail.

Terrain: Pippingford Park and Windy Ridge form a varied area comprising wooded valleys, open land and a significant area of well contoured lowland heath. Bracken and heather will be encountered on most courses. There is an extensive path network.

Courses: As required for Compass Sport Cup/Trophy, subject to final controlling:

<table>
<thead>
<tr>
<th>No.</th>
<th>Colour</th>
<th>Classes</th>
<th>Length</th>
<th>Climb</th>
<th>Cntrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Brown</td>
<td>Men Open</td>
<td>9.4 km</td>
<td>390m</td>
<td>19</td>
</tr>
<tr>
<td>2</td>
<td>Short Brown</td>
<td>M20-, M40+</td>
<td>8.1 km</td>
<td>290m</td>
<td>16</td>
</tr>
<tr>
<td>3</td>
<td>Blue Women</td>
<td>Women Open</td>
<td>6.5 km</td>
<td>235m</td>
<td>13</td>
</tr>
<tr>
<td>4</td>
<td>Blue Men</td>
<td>M50+</td>
<td>6.3 km</td>
<td>230m</td>
<td>13</td>
</tr>
<tr>
<td>5</td>
<td>Green Women</td>
<td>W20-, W45+</td>
<td>4.2 km</td>
<td>135m</td>
<td>11</td>
</tr>
<tr>
<td>6</td>
<td>Green Men</td>
<td>M60+</td>
<td>4.9 km</td>
<td>180m</td>
<td>12</td>
</tr>
<tr>
<td>7</td>
<td>Short Green Veterans</td>
<td>M70+, W60+</td>
<td>3.8 km</td>
<td>115m</td>
<td>10</td>
</tr>
<tr>
<td>8A</td>
<td>Green Junior Men</td>
<td>M18-</td>
<td>5.4 km</td>
<td>165m</td>
<td>15</td>
</tr>
<tr>
<td>8B</td>
<td>Short Green Super Vets &amp; Jun W</td>
<td>W18-</td>
<td>3.5 km</td>
<td>95m</td>
<td>9</td>
</tr>
<tr>
<td>9A/9B</td>
<td>Orange Men and Women</td>
<td>M14-, W14-</td>
<td>2.9 km</td>
<td>75m</td>
<td>10</td>
</tr>
<tr>
<td>10</td>
<td>Super Veterans Short Green</td>
<td>M80+, W70+</td>
<td>3.5 km</td>
<td>95m</td>
<td>9</td>
</tr>
<tr>
<td>11</td>
<td>Light Green</td>
<td></td>
<td>2.8 km</td>
<td>105m</td>
<td>8</td>
</tr>
<tr>
<td>12</td>
<td>Yellow</td>
<td></td>
<td>2.0 km</td>
<td>40m</td>
<td>9</td>
</tr>
<tr>
<td>13</td>
<td>White</td>
<td></td>
<td>1.7 km</td>
<td>35m</td>
<td>9</td>
</tr>
</tbody>
</table>

Competitors on Courses 1-4 have a spectator control located north west of the Assembly Area. This is followed by a short taped route heading north east which ends at a crossing point for competitors going to the start who should give way to runners at this point.

Safety:

- The safety bearing is to head south which will bring you either to the public road used to access the area, the open land in which the Assembly Area is located, or the south east boundary fence which can be followed south to the lakes near the Assembly Area.
- Competitors should be aware of the lakes and streams across the area which can rise rapidly after rain. Courses are designed to encourage use of safe crossing points.
- There is a deep pond in the assembly field which will be taped off. Please supervise your children in the vicinity of this hazard.
- Much of the area is in regular military use and competitors should avoid touching any suspicious objects.
- Please give way to horse riders and avoid spooking their mounts.
- Look out for anglers and their equipment if running alongside the lakes.
- If there is a chance of severe weather on the day you may be required to carry a whistle and a weather proof top. Notices will be posted if this is the case.
- Please note courses close at 15.30. Controls may be collected progressively before this time.
- There will be a fire extinguisher stand in each car park and one by enquiries.
- In case of emergency please call 07946 775422 or contact the nearest event official or a marshal.

Version 7 – 10 October 2019
Starts: There are two starts which are adjacent and will share all call up boxes except -1. One is for the Cup and Trophy courses and Light Green, the other for Yellow and White. Both are 600m from the North side of the Assembly field. The crossing point noted above is immediately after leaving the Assembly field. Please give way to runners.

The route then passes near offices, stables and homes. Please avoid disturbance to workers, riders or residents and do not enter any private property.

The event will be using timed starts. If you are late your start time will not be changed to reflect this and you will be asked to start either at the next appropriate start minute or possibly at a half minute at the discretion of the start team. You may therefore have to wait some time.

Call up will be at -4, blank maps and check at -3, control descriptions at -2. At -1 Compass Sport and Light Green competitors will cross a track to their -1 box. Yellow and white course competitors go left to theirs.

Please note there are no facilities for leaving clothing at the Start. If you do so it will be at your own risk and you will need to retrieve it after your run.

Finish: In the Assembly Area with space for club tents. Facilities include traders, caterers, toilets, first aid, commentary and the Compass Sport stand, where the trophies will be displayed and the prizegiving will take place as soon as the result is confirmed. No water will be provided at the finish. Please bring your own or standpipes are available at various locations around the Assembly field.

Maps will be collected from all finishers until the last start time. Club representatives may collect their club bags at this time.

Any complaints or protests may be made to the organiser who will make a ruling. If this is unsatisfactory it will be referred to a Jury convened in accordance with the rules of orienteering.

Prizegiving: Will take place in the Assembly Area adjacent to the Commentary box at around 3.00 pm or as soon as the results can be confirmed. Prizes will be presented by Nick Barrable (the publisher of Compass Sport) and Ned Paul (the founder and former owner).

Event Officials: Organiser: Simon Ling, simon@simonling.org.uk, 01372 813047 not after 9pm please.
Planner: Tony Burton
Controller: Neville Baker (TVOC)
Safety Officer: Mike Bolton
Safeguarding: Deborah Sullivan

Acknowledgements: Our thanks go to the Morriss family for the use of Pippingford Park (particularly Richard Morriss for his support and advice) and the Stuart family (and their land agent Mark Clinch) for the use of Windy Ridge.

The Organiser also wishes to thank all those who have volunteered to help at this event from MVOC, SAX, DFOK and SLOW. Your help is invaluable and should have the appreciation and thanks of all competitors.

A full risk assessment has been undertaken by the Organiser and will be available for inspection at Enquiries. However competitors are reminded that they take part at their own risk and are responsible at all times for their own safety.

Last minute changes:
Please visit the MV web site before travelling to check for last minute changes or new information about this event. www.mvoc.org