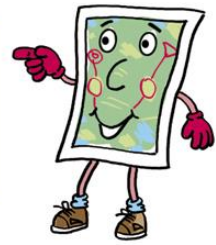


Orienteering is a challenging outdoor adventure sport enjoyed by people of all ages, abilities and backgrounds.



Orienteering

Try orienteering and share your progress and time online

Beddington Park

Try the course any time between 9 - 24 September

Organised by Mole Valley Orienteering Club as part of Wandle Fortnight 2023

Download your free map from http://mvoc.org/POCs/permanent_Orienteering_Courses.htm

Install the free MapRun app (iOS or Android) on your phone and have your route recorded and registered using your GPS when you find the checkpoints

You will find Beddington Park on MapRun at Select Event>UK>Mole Valley>Wandle Fortnight>Beddington Park 2023

Visit as many checkpoints (wooden posts) as you want in up to an hour and your score will automatically be recorded online between 9 - 24 September. The Start is by the Pavilion café. Your phone will respond when you visit it and at every checkpoint you find. Note that Control 13 is behind a crossable fence. You must return to the Finish (same place as Start) to record a time. Remember to be back within one hour.



Suitable for all ages, individuals, families, walkers, joggers and runners! Please wear suitable clothes and footwear for cutting across country.

Mole Valley Orienteering Club
www.mvoc.org fixtures@mvoc.org



Wandle Fortnight

Saturday 9th
to Sunday 24th
September 2023



LOTTERY FUNDED

