



Mole Valley Orienteering Club

(affiliated to British Orienteering)

Morden Park

London Park Race Series

Tuesday 20th June 2023

Registration: George Inn (Harvester), Epsom Road (A24), SM4 5PH. *Use entrance on left hand side.* Please do not cause an obstruction with your bags. Morden underground station 1km, Morden South & St Helier rail stations both 400m. If arriving by car then please use nearby pay & display (free after 6pm) parking for Morden Leisure Centre if not eating or drinking at the George.

Entry: Enter up to the day on [Racesignup](#) Senior £5 (non-member £7). Junior/Student £3. SI contactless punching will be used with punching start and finish. Dibbers are available for hire via Racesignup (£2). Charge for lost SIAC dibber £70

Map: 1:5000 scale. Resurveyed by Mike Elliot, 2023. Maps will be overprinted and waterproof

Courses: Long: 4-5km & Short: 2-3km
Straight line distances - actual running distance will be further

Starts: 18.15 – 19.30. Courses close at 20.15. Taped from George Inn, turn right and right again into Morden Park.

Terrain: Open parkland with wooded areas. Full leg cover strongly advised – you will encounter long grass and some nettles. Dogs welcome if under control

Event Officials: Organised and planned by Tony Burton fixtures@mvoc.org

Results: Splits will be provided and results posted at www.mvoc.org

Après-O: Please consider using the George for your après-O food and drink in recognition of its support for this event

Park Race series: More information at <http://parkrace.org/>